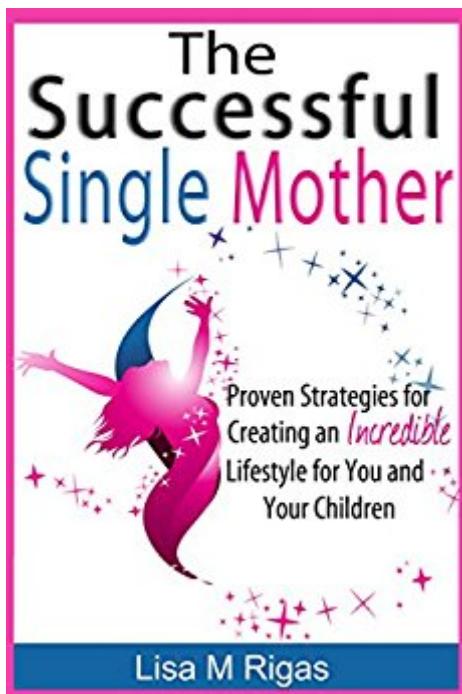


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# The Successful Single Mother: Proven Strategies For Creating An Incredible Lifestyle For You And Your Children



## **Synopsis**

A Must Read For All Single Mothers! Are you a single mother and lie awake at night wishing you could have a better quality of life? Do you struggle everyday to balance your career, kids, and finances? Are you forced to depend on others for help? Do you feel guilty and wish you had more time and energy to spend with your kids? Has your health taken a backseat due to stress, exhaustion, and lack of self esteem? Discover the biggest secret to setting yourself up for success as a single mother. Create more quality time, look better, and have more energy than ever before. Become a magnet to new opportunities and create the financial security you need to independently make your dreams a reality. Author, speaker, expert Lisa Rigas shares her empowering journey from struggle to success as a single parent. Her transparent and heartfelt stories ring true for many single mothers across the world. Lisa is so passionate about helping other single mothers become the person they were truly meant to be. "You brought out the best in me Lisa and I owe it all to you!"-N.B."I've never known anyone more devoted to sincerely helping others than you Lisa"-D.S.

## **Book Information**

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## **Customer Reviews**

Lisa Rigas lays out the steps for you to be a successful single mother too. She is determined that you have the right mindset and skills. She teaches you about time management, setting boundaries, being present with your kids, making more money, and improving your health. Her can-do attitude is infectious.

As a single work at home mom, I found many useful bits of info in this book. It is also full of great resources on how to maintain good health while trying to balance being a mom and a businesswoman.

Lively conversational style is fun and easy to read. Lisa has so many insights and ideas to help manage everyday problems specific. I had tons of take-aways...loved the stress management ideas, empowering your kids and so many more. I'll refer to it from time to time...loved it!

What a fantastic book!! It is full of actual tools and 'lessons' to help anyone find their strength in single parenting and find their sense of self again. Very balanced and truly motivating!.-jn

This book takes a very positive approach to being a single mother with numerous tips and real-life experiences to make you feel like you're not alone. I was very inspired!

I couldn't get past the first chapter! Way too many spelling and grammatical errors. Unfortunately, that proved too much of a distraction to continue.

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